Amendments to the Specification:

Please amend the indicated paragraphs of the specification as set forth below.

[0003] According to the invention <u>a one piece torsion bar has</u> at least one gear [[is]] created by rolling of the torsion bar material that is preferably arranged at an end of the torsion bar or in the proximity of the bar end. In addition, the bar end can comprise a surrounding flange, in the proximity of which the gear is arranged. The flange is located on the bar end on which a toothed disc associated with a lockable gear is to be connected in a non-rotatable manner with the adjacent gear. The flange is used as a catch for axial fixation of the toothed disc.

[0019] The embodiment of a <u>one piece</u> torsion bar <u>formed from a single bar of material</u> shown in the figures comprises a torsion bar 1,on the two ends of which gears 2, 3 integral with the torsion bar are located. On the end of the torsion bar on which a toothed disc 16 is to be secured to the torsion bar in a non-rotatable manner by a first gear 2, a surrounding flange 4 as shown in figures 1 and 2 or flange 14 as shown in figures 4 through 10 can be located on the bar end, projecting radially beyond the gear. This surrounding flange 4,14, which is part of the one piece torsion <u>bar</u>, serves as a catch for the axial and secure positioning of the toothed disc 16 on the torsion bar. On the other end of the torsion bar 1 a second gear 3 is located. A not further represented belt reel part is also connected to second gear 3 in a non-rotatable and positive locking manner. The seat belt webbing is wound up on this rotatable belt reel part in a known manner.